Promoting Emotional Well-Being and Preventing Suicide Among Asian/Asian-American University Students

Friday, November 7, 2014 • 9:30 am—3:00 pm
Caltech Avery House • 293 S. Holliston Ave. • Pasadena, CA 91106

This conference is designed to help clinicians, health care professionals, university staff and community advocates who provide direct service to Asian/Asian American students:

- Identify contributing factors to suicide and discuss potential barriers to access
- Describe emerging ideas for culturally sensitive outreach and promoting emotional well-being
- Demonstrate knowledge of current practices and discuss future directions related to service delivery and clinical intervention on various local campuses.
- Create collaborations, share community resources, and expand supportive networks

For questions, please call the Caltech Counseling Center at 626-395-8831 or email charisma@caltech.edu.

REGISTRATION OPEN: RESERVE YOUR SPOT TODAY!
Please register online at https://counseling.caltech.edu/conference

Registration fee before October 17 $40
Registration fee after October 17 $50

Registration includes parking, lunch and 4 CE credits

Sponsored by:
Caltech Counseling Center & Asian American Psychological Association

Conference Planning Committee: Liz Shon, Ph.D., Liyu Su, Psy.D., and Charisma Bartlett, Ph.D.
Conference Agenda

9:30am - 10:00am Check In
10:00am - 10:10am Welcome and Introductions by Caltech Counseling Center and conference organizers
10:10am - 11:10am Engaging Asian American College Students in Mental Health Conversations presentation by Stella Chow and Saeromi Kim, followed by Q&A
11:10am - 12:10pm First Breakout Session: Addressing Trends and Key Factors in Suicide Prevention
12:10pm - 1:00pm Lunch
1:00pm - 2:00pm Second Breakout Session: Future Directions: Sharing Success and Challenges to Promoting Emotional Well-Being
2:00pm - 3:00pm Summaries from Breakout Sessions & Conclusion

Break Out Sessions

Participants will break out into small groups during morning and afternoon interactive sessions to discuss the successes and challenges of Suicide Prevention and Promoting Emotional Well-Being. We will then summarize the breakout session discussions in a large group format.

Parking at Caltech

Parking is included with registration and will be mailed to you after online registration is received. Carpooling is encouraged. On your registration, please indicate if you plan to carpool, and a parking pass will be mailed to the driver of the carpool group. Please park in Parking Structure #3 (see map below). Parking pass is valid for unmarked stalls only. "Carpool" and named stalls are reserved for Caltech employees only.

Parking Map

How to Get to Parking Structure:

1. Use GPS or map to this address:
   1248 E. California Blvd.
   Pasadena, CA 91125
   *or 1200 E. California Blvd. if using iPhone map

2. It will lead you an approximate location near the ★

3. Follow RED path to entrance of parking structure
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   ✪

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Walking path from parking structure to Avery

Driving path from GPS address to parking structure

California Blvd.
Parking Structure #3